

PRE-OP SURGICAL INSTRUCTIONS

- 1** Wear loose, comfortable clothing.
- 2** If medication has been prescribed, take it as instructed. Should you be unclear, please call the office.
- 3** It is advisable to have all medications at hand prior to surgery in order to avoid waiting at the pharmacy.
- 4** Arrange to have transportation following surgery. If needed, we can arrange it for you.
- 5** Expect some post-operative swelling and plan accordingly for the week following surgery. Avoid travel, if possible.
- 6** Unless otherwise directed by your physician, please avoid aspirin for 24 hours prior to surgery. If you are taking blood thinning medication, please inform us prior to surgery.

If you have any concern or questions, please call 212 759 2955
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